

## The Story of Nutritional Insufficiency

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**D**id you know you suffer from Malnutrition? It's true! As UNICEF and the World Health Organization report, you are part of 98% of the world's population. Only 2% of the world is healthy, and those are the newborn babies. Nutritional Insufficiency is a form of Malnutrition where one or two micronutrients are lacking inside the body. This can ignite a simple bodily injury to a cell, tissue, or organ without displaying any clear signs or symptoms. Any part of the body can be affected including the brain, heart, liver, intestines, kidneys, skin, or any organ systems. This stage of Nutritional Insufficiency normally occurs from birth to 21 years old.

As time goes on, if Nutritional Insufficiency persists, intracellular injury becomes larger due to increased free radicals and higher intracellular hyperacidity. Metabolic imbalance continues causing cellular degeneration rather than repair. Early aging processes manifest themselves through early skin wrinkles, joint stiffness, and weak immune system causing recurrent infections, poor wound healing, and tumor formation. Doctors tell you "this is part of getting old" or Metabolic Syndrome where a person is outwardly suffering from beginning diabetes, arthritis, liver or renal disease, breast mass or organ lump, heart or brain diseases. This is commonly an accidental finding in your routine blood exams like elevated blood sugar, ele-



vated uric acid, high cholesterol and triglycerides, fatty liver, and questionable chest pains. Now, the doctor asks you for more lab tests, prescribes medications, or to improve your diet and exercise. This stage of Metabolic Syndrome normally occurs from ages 21 to 45.

If this Nutritional Insufficiency is not corrected, acute or chronic systemic diseases may begin. These include high blood pressure, heart attacks or strokes, enlarged masses in the chest/abdomen/pelvis, type 2 diabetes, gouty arthritis or osteoarthritis, and autoimmune system diseases like psoriasis or fibromyalgia. Now your doctor acts aggressively to normalize the disease condition by prescribing increased medications daily. This is the stage of Acute/Chronic Systemic Diseases that occurs from ages 45 and above. Some-

times, the medications fail and the person experiences Multiple Organ Failure and eventually Death.

This is the story of a neglected Nutritional Insufficiency and what I have termed "The Flint of Aging and the Root of all Diseases."

You and I will go through these stages from Nutritional Insufficiency to Death, and depending on our genetic make-up, stress, and lifestyle, these stages can progress earlier unless this Nutritional Insufficiency is corrected.

Is there any way to stop or delay the ill effects of Nutritional Insufficiency?

Yes, there is a simple ANSWER: The problem is nutrition at the cellular level,

so the only answer is PROPER NUTRITION at the CELLULAR LEVEL. You need to consume Micronutrients that can provide all the nutritional requirements needed and that can supplement the nutrients our regular food lack.

As per recommendation from the World Health Organization, Arthrospira platensis is the "The Answer to Malnutrition" which is a dark blue green microalgae composed of elemental micronutrients that are 95-98% absorbed by the liver in order to provide immediate and immediate reserve energy, detoxification and complete the nutritional demands of every cell, tissue and organ, promoting rejuvenation and wellness.

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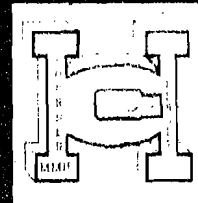
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